



# BARB GREENBERG

- Recognized as a Changemaker of the Year by The Minnesota Women's Press sixteen months after her first Rediscovering U class was held.
- Rose to the top 2% of Mary Kay, Inc., earning the use of the prestigious Pink Cadillac.
- Author of *Hope Grew Round Me* and *After the Ball: A Woman's Tale of Reclaiming Happily Ever After* and a contributing author to four additional books.

Barb Greenberg has been inspiring courage and strength in both the personal and professional lives of women for over thirty years.

When her marriage ended and she found herself reeling, Barb authored two books and founded Rediscovering U, a university styled program that provides education and guidance for women who are approaching, experiencing, or moving forward from divorce.

Insightful author, sought after speaker, and entrepreneur, Barb is living proof that there is hope in the most difficult of situations, and there is always an opportunity to reclaim your life.

## What people are saying

"A peaceful but powerful and healing message....wonderful, absolutely up-lifting."

"Your words were an inspiration me, and I felt stronger from absorbing their wisdom."

"Hope is an essential ingredient to our lives, and Barb shows others the road to find it when it is lost."

## Barb's Clientele Include



## TOPICS

### Embracing Hope and Change

Barb shares how to trust and honor your journey, whether it is out into the world or down into your heart. She will inspire you to:

- Break through self-imposed boundaries
- Walk patiently through difficult times
- Reconnect with what inspires you and find a new vision for your future

### Finding Your Voice

When we lose our ability to speak our truth, our self-esteem and passion for life is diminished.

- Learn how to **reclaim** your voice
- Rediscover how to **trust** your voice once again
- Find ways to **use** your voice with clarity and wisdom.

### Why Women are Afraid of Success...and What to Do About It!

Barb understands why failure can often feel more comfortable than success and the many reasons why we hold ourselves back. She will share how to:

- Reconnect to your own story
- Learn how to relate to worry and fear
- Develop self-compassion and let your light shine.



Contact Barb to speak at your next meeting or event: [barb@rediscoveringu.com](mailto:barb@rediscoveringu.com) or call 612-834-5505

